

# **CSOD COVID-19 HEALTH AND SAFETY**

## **GUIDELINES**

Based on the governments advice and guidelines we have made some changes so we can continue to operate dance classes and ensure that everyone feels safe when attending classes. Please see the basic outline below followed by new rules that will need to be followed by all students and parents.

- Reduced class sizes or larger space used in order to adhere to the 2 metre social distancing
- Increased sanitising of surfaces within the studio and village hall which includes floors, door handles, barres, bathroom facilities
- Increased ventilation with the studio via fire exits doors and the village hall with windows and doors
- Breaks between some lessons to ensure no cross over of students arriving and exiting.
- To reduce footfall, only students will be allowed within Stanway and the village hall buildings.
- No changing of uniform between subjects. One uniform to be worn the whole time with only change of shoes permitted.

## **STANWAY STUDIO RULES**

- All students must be dropped off at the main side entrance to the school. Parents/carers will not be allowed onsite or be able to use the waiting area. The teacher or teaching assistant will meet the children at the main door and accompany them to the studio. Senior students and older children can enter the building and stand in the waiting area alone making sure they observe the 2 metre distancing rule until the teacher calls them for class.
- Hand sanitiser must be used before entering the studio, these can be found by the entrance to the studio and in the corridor area of the main entrance. Teachers and teaching assistants will make sure younger children use them before entering the studio.
- Children who take multiple classes one after the other will be able to stay within the studio area until the next lesson.
- All students must attend classes in uniform or come 'underdressed' which means with a simple jumper or onesie. Please do not bring changes of clothes. One small bag will be allowed which must only contain dance shoes and a named water bottle. No other items must be brought into the studio including toys, clothes or food.

- Please make sure that you arrive 5 minutes before your allocated class time. Late arrivals may not be able to enter the building.
- Upon exit please make sure you use the hand sanitiser before you leave.
- The timetable will be changing to allow breaks between lessons. This is to avoid a busy cross over between classes but also for staff to clean the studio between lessons.
- The studio floor has been marked out for 2 metre squared social distancing between dancers which means that class capacity has been reduced to 15 for lower school and 10 for upper school.
- The ballet barres have also been marked for spaces and students will be allocated a regular barre space.
- No props will be used during lessons, including exercise bands and blocks.