



## **SHOW REMINDERS**

Following our rehearsal on Sunday and ahead of show weekend we would like to remind parents and students of some of our rules and procedures.

## **COSTUMES, HAIR AND MAKEUP**

- All female performers must have their hair in a middle parted low bun with a natural hair colour hair net. No fringes are allowed. Chaperones will be onsite to help with hair if needed. Please bring own hair items.
- Makeup should highlight eyes, cheeks and lips. Senior students only are permitted to wear false eyelashes.
- All hats must have elastic attached.
- No piercings are allowed! Jewellery is unsafe when dancing. Nail polish/false nails must also be removed.
- Underwear must not be worn under leotards and tutus as it can be seen on stage. Options for senior students are discussed in class. Lower school students who do not feel comfortable changing are allowed to wear skin coloured briefs, a link on where to purchase these is attached. Please be aware that if your child does not have these then the chaperones will follow the 'no underwear' rule.
- Shimmer tights must be kept on throughout, if you are also wearing ballet tights these must go over the top. Please treat shimmer tights as a base layer (seniors only).
- All students must stay within their allocated changing areas backstage and must not go to the toilet to get changed. Toilets are for using the toilet only!
- Please read back through your costume lists to make sure you have everything. Many students on Sunday did not have the correct coloured socks or ribbons were missing on shoes. Slips were sent home with students on Sunday notifying on missing items.

## **FOOD & GAMES**

- All young children are allowed to bring games or a book, colouring etc but no felt tip pens or crayons please!

- No Electrical devices are permitted and children Year 6 and under are not allowed mobile phones. This is for safeguarding reasons; we cannot have any potential forms of photography backstage.
- Students year 7 and above are permitted to bring their phones but these must be stored within bags and only removed after each rehearsal or performance.
- Please provide your child with plenty of water and a snack not a full packed lunch. Children must eat before the rehearsal.
- Please no nuts or chocolate or food items like yoghurt that can get on costumes.
- Only children who are staying between shows will need to bring a packed lunch. All students year 4 and below **MUST** be collected between performances.
- Fizzy drinks, juice are not permitted unless there is a medical reason that your child needs to have a sugary drink, in which case we must be informed.
- Please remember that no parents are allowed backstage, only authorised chaperones. All children must be signed in and out of the building. This can take some time and we ask that you be patient with us as this procedure must be followed correctly.